

A LASTING PROMISE

Christian Communication and Relationship Enhancement Seminars

2 0 2 6

FACILITATOR	DATE	TIME	LOCATION
*****	*****	*****	*****
Deacon Jeff Southerland	March 7 th , 2026	9:00 AM to 4:30 PM	St. Augustine Parish 6481 Fausett Rd. Howell, MI
Deacon Eric Pogrmich	May 9 th , 2026	9:00 AM to 4:30 PM	St. Joseph Parish 425 E. Washington Howell, MI
Deacon Jeff Southerland	August 22 nd , 2026	9:00 AM to 4:30 PM	St. Augustine Parish 6481 Fausett Rd. Howell, MI
Deacon Eric Pogrmich	November 7 th , 2026	9:00AM to 4:30 PM	St. Joseph Parish 425 E. Washington Howell, MI

A LASTING PROMISE REGISTRATION FORM

*** PLEASE PRINT ***

Registration Fee: \$150.00

Date of Class _____

BRIDE _____

GROOM _____

Address _____

Address _____

City/State _____

City/State _____

Zip Code _____

Zip Code _____

Phone (Home) _____ (Work) _____

Phone (Home) _____ (Work) _____

Parish _____

Parish _____

Occupation _____

Occupation _____

1st Marriage _____ Remarriage _____

1st Marriage _____ Remarriage _____

Length of Relationship _____ years _____ Date of Wedding _____

Mail letter of attendance to:

Officiating Priest or Deacon _____

Church Address _____

*Please attach check payable to: Livingston County Catholic Charities. MEMO: A LASTING PROMISE
2895 West Grand River Ave., Howell, MI 48843 .*

DEADLINE FOR REGISTRATION: Registration is recommended a minimum of 4 weeks prior to the date of the class you plan to attend. Class size is limited. Notify LCCC as soon as possible when canceling (517) 545-5944.

A LASTING PROMISE
CHRISTIAN RELATIONSHIP
ENHANCEMENT SEMINAR

Based on the highly acclaimed program: Prevention and Relationship Enhancement Program (PREP). This program is designed to teach couples communication skills and techniques for handling conflict and promoting intimacy with the aim of preventing future marital problems and divorce.

This program emphasizes constructive arguing techniques that allow couples to adjust their communication styles and achieve more positive and intimate communication, in a Christian setting.

*Other key topics include:
Expectations, commitment, values, and beliefs*

A Lasting Promise Program teaches:

- How to communicate what you want out of your relationships.
- How to resolve conflict effectively and reduce arguments.
- How to solve problems as a team.
- How to keep friendship and intimacy a part of your relationship.
- How to develop skills to enhance understanding and maintain commitment.

Diocese of Lansing
Marriage Preparation Classes
Nov. 2025 to Nov. 2026 Sponsored by
Diocese of Lansing
Family Ministry
And
Livingston County Catholic Charities
2895 Grand River
Howell, MI 48843
(517) 545-5944

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