

Spreading Knowledge and Awareness of Elder Abuse

A Month of Activities for Seniors

BRIGHTON

FOWLerville

HAMBURG

HARTLAND

HOWELL

PUTNAM TOWNSHIP

JUNE 1

12:00 PM-3:00 PM

SENIOR DAY AT FOWLerville LIBRARY

Kick-off Elder Abuse Awareness month with ice-cream, give-aways and a movie at 1:00.

JUNE 4

11:00 AM-1:00 PM

NAME THAT TUNE

Lunch is provided. Register in advance at the Brighton Senior Center.

JUNE 5

12:00 PM-2:00 PM

BINGO

Register in advance at the Putnam Township Senior Center.

JUNE 14

11:00 AM-1:00 PM

BARBEQUE

Register in advance at the Hamburg Senior Center.

JUNE 18

11:00 AM-2:00 PM

YOGA

Register in advance at the Hartland Senior Center.

JUNE 27

11:30 AM-1:30 PM

SUMMER BASH

Close-out Elder Abuse Awareness Month with a party at the Howell Senior Center.
Register in advance at the Howell Senior Center.

LONELINESS & ISOLATION: THE NEXT HEALTH CRISIS

June 11, 9:00 AM-3:00 PM

Livingston County EMS Building, 1911 Tooley Rd, Howell, MI 48855

Speakers from IHA Medical Group, a therapist from Livingston County Catholic Charities and a veteran talk about the effects that isolation and loneliness can have on you mentally, emotionally, and physically. Hear suggestions on programs that Livingston County Catholic Charities can offer to help combat isolation in your life and learn who to call for resources in the community to address health issues.

Call Beth Newman, LCCC Elder Abuse Specialist, with questions at 517-545-5944.

There is no charge for this event, but donations are welcome.

Lunch is provided.



LIVINGSTON COUNTY
**CATHOLIC
CHARITIES**
HELPING LIVES GROW



JUNE IS ELDER ABUSE AWARENESS MONTH

Do not cast me aside in my old age; as my strength fails, do not forsake me. Psalms 71:9