

**JULY–AUGUST 2021**

## **Caregiver Support Activities**

These activities are **FREE** and open to all people in the community who are caregiving for a loved one with dementia, Alzheimer's, Parkinson's, Lewy Bodies, Chemo Brain and other memory related diseases.



## **Complexities of Caregiving (Zoom Web Series)**

**Wednesdays, 5:00-6:30 PM**

**July 21, 28 and August 4, 11, 18, 25**

This 6-week webinar is presented by Andrea Holzner CCP, MPH, PhDc with Alzheimer's Integrative Wellness Group.

This interactive web series, held via Zoom, will cover topics like communication, positive approaches, behavior challenges, changes in intimacy, medications/ alternative medicine, as well as end of life care. There will be open discussions as well as realistic dementia behavior role plays.

**Email [Leann@LivingstonCC.org](mailto:Leann@LivingstonCC.org) to register.**

Ralph C. Wilson, Jr.  
Legacy Funds  
OF THE  
Community Foundation  
FOR SOUTHEAST MICHIGAN



LIVINGSTON COUNTY  
**CATHOLIC  
CHARITIES**  
HELPING LIVES GROW

Caregiver Support Groups meet the 1st and 3rd  
Wednesday of each month from 5:00-6:00 pm.  
Email [LeAnn@LivingstonCC.org](mailto:LeAnn@LivingstonCC.org) or call 517-546-9910 to register.