

Annual Report 2019-2020

LIVINGSTON COUNTY CATHOLIC CHARITIES HELPING LIVES GROW

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OUR MISSION

The Mission of Livingston County Catholic Charities is the work of the Catholic Church, to share the love of Christ by performing the corporal and spiritual works of mercy.

VISION STATEMENT

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Livingston County Catholic Charities aims to provide human services to Livingston County residents regardless of race, gender, religion, age, disability or financial ability.

Reflections... from the President and Executive Director



This has been quite the year for all of us at Livingston County Catholic Charities. None of us, Coworker or Board Member, was prepared for a pandemic. However, the prayers, gifts and kindness from our supporters, have provided us with the energy and tools necessary to fulfill our ministry of service. THANK YOU!

All of our programs were impacted by the need to "stay-in-place" and modify our service delivery. Thankfully, only two of our fourteen programs had to completely cease in-person operations, with much of our activity moving to a virtual format. The Federal PPP Loan, along with some very generous grants and donations, enabled us to keep all Coworkers employed.

Despite COVID, the agency served over 3,700 people this year, with our continued emphasis of serving the underserved. Our new tag line, **DRIVEN BY FAITH – HERE FOR ALL**, emphasizes our mission of serving all God's children.

Two of our programs have been identified for national recognition. The Substance Abuse Prevention program, which includes Bergbower & Associates and the Key Development Center as collaborative partners, was identified by our Federal funder for measurable community impact. We also completed the collaborative project between our Volunteer Caregiver program and Altarum, an Ann Arbor research organization, to publish our program model. This project was funded by the Michigan Health Endowment Fund and our materials are available for nationwide distribution.

COVID and other circumstances have slowed down our planning and follow-through for the agency's long-term occupancy needs. We hope to see this improve in the coming year. Stay tuned for more information.

We are very close to completing the absorption of Special Ministries of Livingston County (SMLC) into our system. We expect the integration to be completed this fall. SMLC provides unique services, which include social, recreational and faith formation for adults with developmental disabilities. We are excited to include this needed service within our mission to serve the underserved.

> We are grateful to our donors, volunteers and everyone in this community who supports us through time, talent, treasure or prayer. We could not do our work without this support. This gratitude includes the 16 current board members, our 51 coworkers, the 8 parishes of the Livingston Vicariate and the Diocese of Lansing.

IMPROVING LIVES ONE AT A TIME!

Thanks to your generous support, Melodie, one of LCCC's Community

Liaisons and an MMAP certified Medicare Counselor, assisted a senior

when he had a change in circumstance that reduced his income. His medical and rent costs were now exceeding his budget. The Community Liaison explored supports to help pay for his health and drug coverage premiums and to reduce his prescription cost at the pharmacy. She connected him with the Medigap Subsidy Program, to reduce his monthly premium. She also assisted with enrolling him in a different Medicare drug plan.

These changes, along with some additional food support, helped him to save in excess of **\$500 a month**! Your generous donations, helped ease his stress and made it possible for him to cover his rent. LCCC's Community Liaison program (formerly Resource Advocacy) is offered at no cost to seniors.

PROGRAMS: STATISTICS AND OUTCOMES

COVID-19 has impacted all progams.

MENTAL HEALTH & SUBSTANCE ABUSE COUNSELING

- Provided services to 323 people through substance abuse counseling cases; 681 people (469 adults and 212 children/adolescents) through mental health counseling.
- Provided a total of 4,528 units (3,199 hours group therapy and 1,329 hours individual/family therapy) of outpatient substance abuse counseling; a total of 6,173 units of outpatient individual and family mental health counseling.
- 88% Mental Health clients report developing healthier coping skills, 65% report learning to express their feelings more appropriately.
- 83% Substance Abuse Treatment clients report having healthier coping skills and feeling mentally healthier; 92% report decreased substance use.



• 65% of Substance Abuse Treatment clients and 56% of Mental Health Counseling clients report living below 150% of the national poverty level.

CASE MANAGEMENT & PEER SUPPORT OUTCOMES

- Provided 3,825 units/hours of individual and group substance abuse support through the LCCC Recovery Team.
- 133 persons attended engagement groups (an increase of 34% from last FY) and there were 124 new ROSC intakes, more than double the previous FY.
- 1,976 units of service hours were provided through 1,317 Engagement Group sessions, an increase of 17% over the previous FY.
- 99% of the clients served reported incomes below 150% of the national poverty level.

Paul's Story: A little over three years ago, I was struggling with depression and alcoholism, when I came to Catholic Charities. Although I was going to AA meetings, I needed to address the depression also.

Having the opportunity to attend Substance Abuse Counseling, Engagement Groups and AA, has helped me tremendously.



Having had the opportunity to attend the different groups I came to the realization that I need to stay connected in the AA community and continue with one-on-one counseling at Catholic charities. Thank you for supporting me and getting me the help I need.

PARISH MINISTRY

- 23 couples completed A Lasting Promise Marriage Preparation.
- LCCC partners with the Livingston Region Catholic Council on Aging to facilitate the Lenten Retreat, Annual Picnic, Senior Appreciation Mass & Luncheon, and the Thanksgiving Celebration for older adults, hosting several hundred annually.

SUBSTANCE ABUSE PREVENTION

- 34 families in Livingston County signed up to be a Safe Home and not provide drugs or alcohol to minors, to talk with their youth about expectations and consequences of substance use, and to monitor gatherings.
- Presented at a meeting with counselors from all 5 school districts about youth substance use trends which led to an invitation to speak at the next county-wide counselor meeting.
- Held a Reality Tour–a day in the life of a teen who chooses to use drugs/alcohol–for our community partners with 50 people in attendance.
- Had an 89% compliance rate for stores in Livingston County that did not sell alcohol to minors during a collaborative Alcohol Compliance check with Michigan State Police.

The LCCA was selected as 1 of 10 coalitions in the United States that had decreased youth substance use across all substances from 2015-2017.



BE OUR GUEST ADULT DAY

- 90% of the caregivers reported a positive social change in loved ones after attending program.
- 90% of the caregivers reported decreased stress.
- 95% of the caregivers reported participation in program directly contributes to their loved one remaining at home.
- The program provided 11,452.50 units of service to participants and their families during this year.

FOSTER CARE AND ADOPTION

- 36 children served through a total of 6,793 days of foster care.
- 12 children were adopted (by a relative or the foster parents), 6 were transferred to another foster care program, and 2 returned to their birth parents.
- LCCC has 13 licensed foster families and continues to recruit and license more.



The Christmas Blessing project brings the Love of Christ, Help & Hope to low income and home-bound seniors by supplying food, hygiene items, cleaning & paper products and more. *"I thank the Lord for the people who do this for us! Sometimes this is all the Christmas I get."* - Roxanne (with volunteers, Dennis & Chris Wysocki)

Driven by Faith – HERE FOR ALL!

PROGRAMS: STATISTICS AND OUTCOMES

SENIOR SERVICES

Community Liaison (formerly Resource Advocacy)

- 97% of seniors served reported they have support/services in place to live safely in their home.
- The program provided 1,671 units of service to 1,347 clients.
- 55% reported incomes 150% below poverty.
- Community Liaisons provided benefit explanation, eligibility, comparisons, assists and enrollment in the following programs; Medicare Part A and B, Low Income Subsidy, Medicare Part D, Extra Help, Medicare Advantage, Medigap, Medicaid on 605 occasions.

Volunteer Caregiver Program

• 100% of seniors served reported they have the services to allow them to live safely in their homes.



- The program served 50 people and provided 2,537 units of service.
- 48% reported incomes 150% below poverty.
- We provided 601 individual transports; 18,549 miles of transportation.
- 577 hours of friendly visits (this includes the telephone reassurance that we have been providing since March due to COVID).
- 96.5 hours of in-home respite visits (before COVID, not providing at this time).
- 54 active volunteers, 14 new this year.



Tracy's Story: I want to thank you for providing this service! I don't know what we would do without you! It's difficult to keep up with working and managing getting my dad to all his appointments. You are a blessing!

Volunteer John Bellanti making a delivery of food from Gleaner's'

Prevention of Elder Abuse, Neglect, and Exploitation

Community Presentation Statistics:

- 90% of participants reported increased knowledge in reporting elder abuse, recognizing risk factors and signs and overall understanding.
- 94% respondents have a better understanding of financial abuse.
- 89% respondents have a better understanding of emotional abuse.

Elder Justice Presentations:

- 98% respondents report they are better able to recognize risk factors of Elder Abuse.
- 97% respondents report greater understanding of how to report Elder Abuse.
- 98% respondents report they are better able to identify how to obtain assistance.

SPECIAL MINISTRIES

- 124 adults with disabilities served (4,686 units of service) through a variety of recreational, social, spiritual and educational events.
- 45 volunteers provided over 400 hours of service.
- 230 hours of organized programming.
- 150 caregivers/parents served through the support group.

"My favorite thing about coming to Special Ministries' activities is making new friends and having fun!"



SPECIAL GRANT FUNDS AT WORK...

Many blessings for our community and from our community! LCCC received special grant funding at the beginning of the COVID-19 shutdown from the Community Foundation of SE Michigan (CFSEM) – Ralph C. Wilson Jr. Fund, Community Foundation for Livingston County, Livingston County United Way, Catholic Charities of USA - Robert Wood Johnson Foundation, and DTE Energy Fund to support critical services. This special funding allowed LCCC to shift to telehealth for Mental Health & Substance Abuse Counseling, purchase PPE items, increase agency cleaning, provide critical services to seniors and their caregivers and to help support programs as we emerge from two program closures and the decrease of funding from program fees.

During this year, LCCC also received grant funding from the Catholic Foundation of Michigan and the Livingston Sunrise Rotary Foundation for the annual Christmas Blessing project; CPPS Heritage Mission Fund – Be Our Guest Adult Day; Harry A. & Margaret D. Towsley Foundation – Substance Abuse Counseling; Community Foundation Livingston County – Prevention of Elder Abuse Neglect & Exploitation; CFSEM Ralph C. Wilson Jr. Fund – Caregiver Support Activities; and, the Robert W. & Maxine C. Parker Foundation – Be Our Guest Adult Day. The Michigan Health Endowment Fund provided two grants, one for a technology audit and improvement, the other to strengthen and prepare for the replication of the Volunteer Caregiver program. The agency received gifts from several foundations and donor advised funds that wish to remain anonymous.

Their investment in our community only makes Livingston County stronger, healthier and enables older adults to age in place. **#LivingstonCountyStrong!**

A LASTING LEGACY

Considering making a Charitable Bequest in your will to bestow on LCCC to assist our ability to serve future generations of those who turn to us in their time of need? Please feel free to contact Mark or Julie at 517-545-5944 with any questions or desires regarding your interest in leaving a lasting legacy with LCCC. Additionally, please discuss your decision with your financial advisor or attorney for information on how to add LCCC to your will. *Leaving a Bequest makes it easy to help your favorite charity without dipping into your income or savings.*

+ DONORS

Donor Gifts from July 2019 to June 2020 - Thank you to ALL donors - we are truly grateful for all of your generous contributions to LCCC. In addition to the donors listed are those who wish to remain anonymous and those making a gift though a church or other group. If we have missed someone, please accept our apology, and let us know so that we can correct our records.

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Memorial Donations made in memory of:

Mary Lu Costyn Lester & Charlotte Gust Juanita Lavender Carol Lingl Tom McSweeney Gert Rolfes Sarah Zannis

May they all be rejoicing in the love of our Lord.

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> Resulting in a tremendous cost savings, we have scaled back the report and the full 8-page document with all donors and supporters will reside on our web site at: www.livingstoncatholiccharities.org.

2019-2020 Agency Operations Budget

\$3.249.207

\$1,472,339

\$609,725

\$429,899

\$295,901

\$135,972

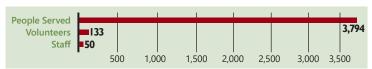
\$134,566

\$119,617

\$49,708

\$1,480

Sources of Revenue Govt. Grants & Contracts Program Service Fees Other Fund Development Federal PPP Loan Loaves & Fish Appeal United Way Diocese of Lansing Endowment & Other Interest In-Kind



Program Expenditures

Child Welfare Substance Abuse Prevention Mental Health Be Our Guest Adult Day Substance Abuse Therapy Volunteer Caregiver Substance Abuse Case Mgt. Fund Development Management & General Special Ministries Community Liaison State Incentive Model (SIM) Elder Abuse Prevention Parish Ministry \$3,115,251 \$619,084 \$530,930 \$514,703 \$341,819 \$282,143 \$171,444 \$130,803 \$127,950 \$120,879 \$101,587 \$85,853 \$45,251 \$28,934 \$13,871